



DATE ___/___/___

Fall Schedule



4:00

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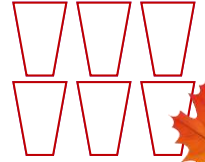
8:30

9:00

Workout

Vitamins

Water



Projects:

To-do:



Notes:

Dinner:

